

## Useful information - local services and walks

### Useful Numbers:

Abi (Kinlochlaich Self-Catering Owner): 0780 788 3777

Port Appin Surgery: 01631 730271

Lorn & Islands Hospital, Oban, has an Emergency Department, 01631 567500

Oban Vets 01631 562876

Oban Dental Clinic 01631 571125

Appin Police Station 01631 730222 (non urgent, for emergency call 999)

### Shops near by:

Appin Community Co-Op and post office is 8 mins away by car in Port Appin. Phone: 01631 730235 Open 9am-5.30pm every day, except Sun 10am-1pm

### Nearest bigger shops:

Benderloch Supermarket (the world famous Pink Shop). Phone: 01631 720201 (Benderloch), 15 mins by car, open 6.30am-10pm weekdays, 7.30am-10pm weekends

Ballachulish Co-Op Phone: 01855 811993 (Ballachulish), 20 mins by car, open 7am-10pm daily

### Supermarkets

#### Oban

Tesco, 30 mins away by car. Phone: 0345 677 9519

Aldi, 30 mins away by car. Phone: 0800 042 0800

Lidl, 30 mins away by car. Phone: 0800 977 7766

Marks and Spencer, 30 mins away by car. Phone: 01631 705428

Taste of Argyll, Oban, 30 mins away by car, stocks a range of local food. Phone: 07882 226675

#### Fort William

Morrisons, 40 mins away by car. Phone: 01397 700333

Marks and Spencer, 45 mins away by car. Phone: 01397 600208

Aldi, 45 mins away by car. Phone: 0800 042 0800

Lidl, 45 Mins away by car. Phone: 0800 977 7766

### Pharmacy

Boots, Oban, 30 mins away by car Phone 01631 562517

Boots, Fort William, 40 mins away by car Phone 01397 705143

### Cafés and Restaurant:

The Old Inn: 3 mins by car (or easy to walk, turn right at Police Station to walk on main road or we would recommend using the cycle path for a pleasant stroll - turn left at Police Station, then right onto cycle path just after little bridge -15 mins walking). Phone: 01631 730186 (Appin)

Castle Stalker View Cafe: 3 mins by car Phone 01631 730444 (Appin)

The Airds: 8 mins by car. Phone: 01631 730236 (Appin)

The Creagan Inn: 6 mins by car Phone: 01631 730250 (Appin)

Ben Lora Cafe and Bookshop: 15 mins by car Phone 01631 720296 (Benderloch)

The Holly Tree: 15 mins by car Phone 01631 740292 (Lochaber)

The Poppies: 20 mins by car Phone 01631 565718 (Connel)

Coast Restaurant: 25 mins by car Phone 01631 569900. (Oban)

Euusk: 25 mins by car Phone 01631 565666 (Oban)

Lochleven Seafood cafe: 25 mins by car Phone 01855 821048 (Kinlochleven)

Clachaig Inn: 27 mins by car Phone 01855 811252 (Glencoe)

Ben Nevis Inn: 40 mins by car Phone 01397 701227

### Take away

Not Just Desserts, 10 mins by car (Barcaldine) (temporarily closed, check Facebook for updates)

Tralee Bay Fish and Chips, Sourdough Pizza, 15 mins by car, open Wed-Sat 4.30-8.30pm, ring ahead to order 07920859417 (Benderloch)

Quarrier's Kitchen Fish and Chips 20 mins by car, 4pm-8pm daily, phone: 01855 811600 (Ballachulish)

Nories: Fish and Chips 25 mins by car, Phone 01631 563736 (Oban)

### **Petrol stations**

Gunns garage, Weekdays 8.30-17.30 Sat 8.30-13.00, phone 01631 730279

Glencoe Filling Station, 8am -18.00 everyday, phone 01855 811308 (20 mins by car)

Halfway Filling Station A85 Dunbeg, Oban 24 hours, 01631 562784 (20 mins by car)

### **Taxi**

Appin - James Robertson, Booking required, 01631 730373 or 07584 177132

### **Electric bike hire**

Why not hire electric bikes from Appin Electric Bike hire, Rosebank, Appin, to explore the area? - ideal for visiting Lismore (bikes can be dropped off at the ferry for you) or the fabulous cycle path which runs from Oban to Fort William. Call Claymore on 01631 730426 or 07935229667

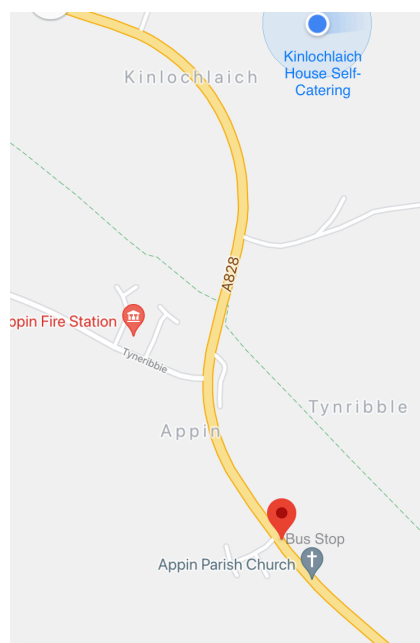
**Bus times** (Bus stop 10 mins walk indicated by red comma on map, bus no **918**)

*Oban (9.30, 15.55) - Fort William (11.05, 17.32)*

**Appin (Kirkton) 10.04, 16.29**

*Fort William (12.30, 17.50) - Oban (14.00, 19.20)*

**Appin (opp Kirkton) 13.27, 18.47**



### **Good beaches**

There are many good beaches nearby, most have pebbles/rocks which are fabulous for beach combing, rock pooling, wildlife watching and water sports. There are also sandy beaches such as Tralee beach at Benderloch and Ganavan Sands in Oban. Our favourite beach is Cuil Bay - a few miles along the Fort William road, turn left at Duror. It has stunning views and is great for beachcombing for sea glass, shells etc, but the wind tends to come off the sea so it can be cold in the water! Please remember to remove all your litter.

### **Some ideas on local places to walk**

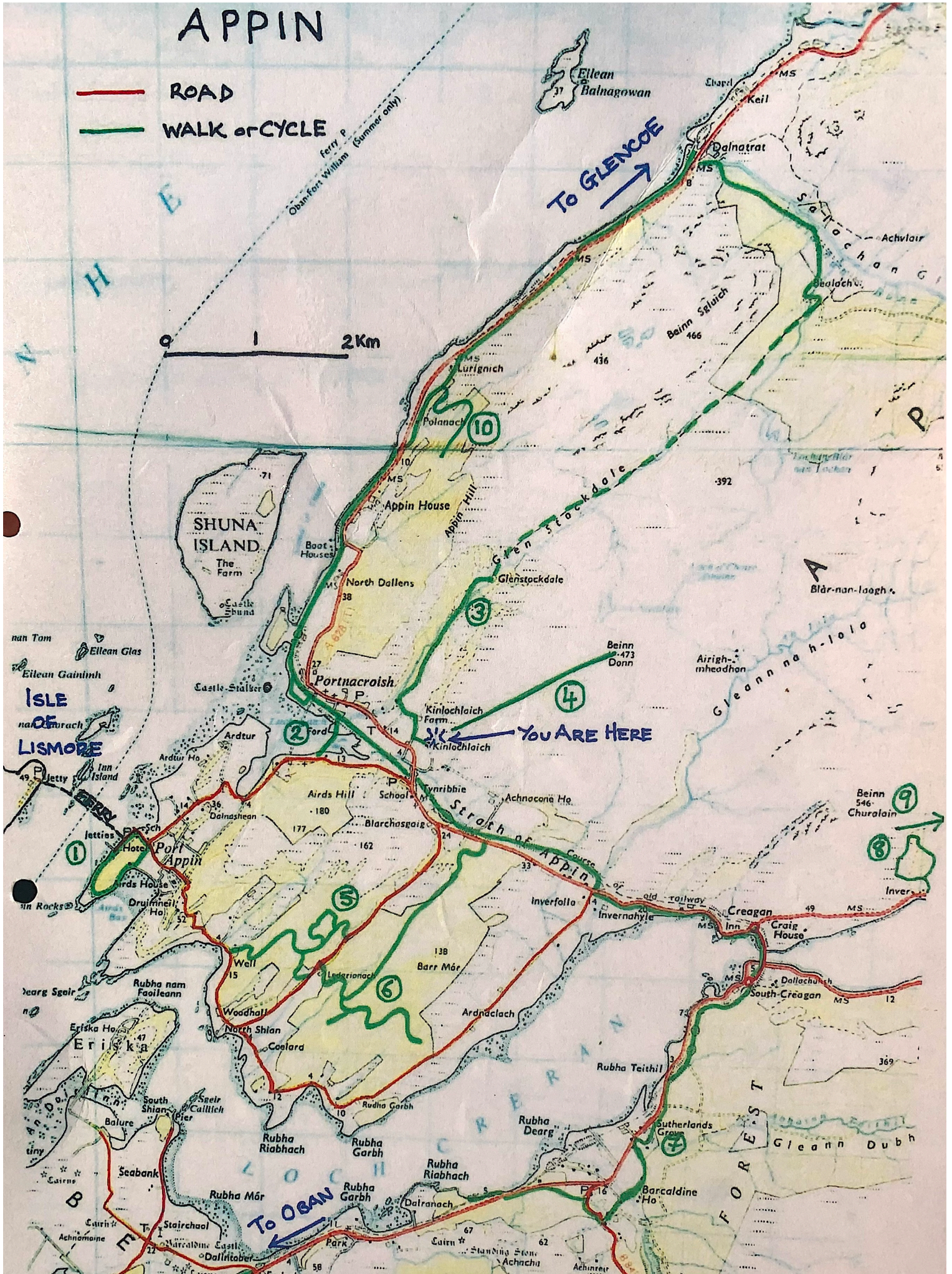
Please do look at [www.outdooraccess-scotland.com](http://www.outdooraccess-scotland.com) before your visit

#### **1) Clach Thoull (Gaelic for Holed Stone) - Port Appin**

You can park at Port Appin village hall besides the lighthouse exhibit or if you're feeling energetic walk from Kinlochlaich. This pleasant circular walk takes you around the headland of the Appin peninsula beginning at the gateway opposite the Airds hotel car park entrance. The views down the Firth of Lorne and across to Lismore are wonderful. The track, which is good, takes you past several interesting bits of rock architecture: cliffs, caves and the limestone sea-arch from which the walk takes its name "the rock with a hole". Seals are often seen swimming off the point at Appin rocks and you may be fortunate to see the family of otters. The end of this walk brings you out at Port Appin pier and if you continue along the road you will return to the car park or Kinlochlaich. 40 minutes from car park.

# APPIN

- ROAD
- WALK or CYCLE



## **2) Jubilee Bridge and Castle Stalker**

Walk down to the police station and left along the main road to Oban for 300m until you get to the marked cycle track just over the small bridge (ensure children are supervised as this can be a busy road in the tourist season). The cycle path goes in both directions (running from Oban to Fort William). Turn right towards Fort William and keep going to either the Jubilee Bridge (a wooden walkway over Loch Laich) or onto Castle Stalker. A beautiful walk and fabulous for photography, particularly at sunset or sunrise. Good for bird watching. 30-40 minutes.

## **3) Glen Stockdale**

This is the old route linking Appin and Glen Salachan, near Duror. At the end of the drive, turn right towards the farm. At the farm, go through two gates onto the rough road which leads up the glen. The road runs out an old bridge. 1 hour.

A much longer walk is possible - all the way through the Glen, across a small section of forest and then back down the forestry track to join the main road at the point where the cycle track begin, and walk 6 miles back along the cycle track to Appin. 4 hours.

## **4) Beinn Donn**

This is the hill behind the house. Walk up past the tennis court in the garden centre and over the deer fence on the left, via the stile next to the children's treehouse with a slide. Go up the field with the fence on the right and through into the next field. Don't cross the burn at the first crossing but go on another 30m or so to the next crossing, then head diagonally up and across to the next burn, and from there you should be able to just walk up the hill in any direction (there are false summits!) but the views are good all the way up. About 2 hours

## **5) and 6) Forestry walks**

Park your car by the entrance and follow the forestry tracks. Nice views and easy walking.

## **7) Sutherlands Grove**

A variety of walks illustrated on the map in the car park, varying in length. Beautiful waterfalls and the best place round here for seeing red squirrels. Dippers can often be spotted in the water. Can you find the troll? 10 minutes

## **8) Glasdrum National Nature Reserve**

About 1.5m along the Invercreran road (left at first roundabout). Entrance on left with car park and picnic spot. Stunning native woodland with rare lichens and butterflies, and fabulous views over Loch Creran (which is a Special Area of Conservation and a good place for seeing otters fishing). During May and June you may see the rare Pearl Bordered Fritillary or the Chequered Skipper. Absolutely magical but the ticks can be fierce! I wouldn't recommend taking dogs, except in winter, as mine picked up a lot of ticks just from brushing vegetation while walking on the path. 30 minutes but easy to lose a few hours, particularly if you take a camera.

## **9) Elleric, Glen Creran**

Take the road at the head of Loch Creran, through Glen Creran for 2.5 miles until you come to the small car park at Elleric at the end. There are a number of great walks from here, depending on how energetic you are feeling. There are trails through the woodland, taking in views of Beinn Sgulaird (937m) but at the time of writing one of these is closed for maintenance work. The road to the left of the car park can take you all the way to Ballachulish (7 miles away). Heading right takes you to Glenure House. This was the home of Colin Campbell - The Red Fox - who was murdered in Appin in 1752 and on which the book Kidnapped by Robert Louis Stevenson is based. James of the Glen was hanged for the murder but most people believe he was not responsible. At Glenure House, there is a sign indicating a route to Glen Etive.

## **10) Forestry Walk at Lurignish**

Take the A82 north and after the big bends, half a mile after Appin House, turn right along a small unmarked side road. You will come to a forestry entrance on your right. The hillside has been cleared of conifers and after only 10 minutes, you have views up and down Loch Linnhe. A fantastic spot to watch the spring and summer sunsets.

## **Finally - the Isle of Lismore**

Take one of the regular ferry crossings to Lismore (which takes passengers and bicycles). The crossing is around 10 minutes. Once you have landed on Lismore follow the only road, and after half a mile you will pass a slip road leading off to the right to Port Ramsey. You will see many wild flowers and some non-hardy flowers in the gardens you pass, evidence of the mild climate. The road will lead up onto open fields where St. Moluag's stone sits. He apparently rested here during his daily constitutional. Further along the road you will reach the church which is worth a quick visit to see the stained glass window of St Moluag. A few yards past the church take the farm track across the island to the edge of a sharp little cliff. Be careful at this point and follow the track at the southern end of the scarp. Coeffin Castle should now come into view. The path slants down to a muddy valley and then onto the castle. Inside the castle walls there is a short grass area perfect for picnics. On your return journey retrace your steps to the ferry point. Do keep in mind the return ferry times to avoid a long wait.

### **A bit further away:**

#### **James of the Glen's Birthplace - Duror – 15 minute drive**

James of the Glen was born in Glen Duror in the 18th Century and this walk leads to the small bothy where James of the Glen was born. In the village of Duror, you will see a side road running east and signposted to "Auchindarroch". Take this road to the small carpark. Forestry paths lead from this point and the route to the bothy is marked by a post bearing the symbol "JG".

#### **Beinn Lora – Benderloch – 20 minute drive**

Take the road south 12 miles to Benderloch, and start from the Forestry car park immediately after the shop and petrol station. Two separate routes are clearly marked, the lower circular route is easy going through pine and conifers and across a beech glade to a spectacular viewpoint high above Ardmucknish Bay looking south and westwards. The right hand track leads upwards quite steeply in places to the southern limit of the Forestry fence, after about half way a short detour to "Eagles Eyrie" is rewarded by another breathtaking viewpoint, this time looking west and northwards.

#### **The Lochan, Glencoe – 25 minute drive**

Take the road north to Ballachulish and on towards Glencoe. Opposite the Glencoe Hotel, take the turning left and immediately right into Glencoe Village, continue on and after going over a small bridge take the turning left into a narrow road, take the right fork into the Forestry car park. There is a sign board explaining three separate walks, all easy going, with good viewpoints of the mountains and over Loch Leven .

#### **Inchree Waterfalls – Onich – 25 minute drive**

On the Fort William road, go through Onich, Inchree is signposted on your right before reaching Corran Ferry. Follow the single track road to the end carpark. There are various walks, including stunning viewpoints as you walk up the side of a magnificent waterfall and picnic areas. Red squirrels can be seen as well as a wide variety of birds.

#### **The Nevis Gorge - Fort William – 45 minute drive**

Past Fort William follow signs to Glen Nevis and drive as far as you can up this road. Past the youth hostel the Glen becomes more wild and crosses the river where a scenic waterfall tumbles. The road becomes single track and at the end there is a car park. The path is well marked and the scenery spectacular, but note the signs advising of potential dangers.